



## **Rose Skin Care Products**

### **TCA 15-25 % Protocol**

Trichloroacetic acid (TCA) peels are used to correct fine lines, superficial scars, minimal laxity and pigmentation problems. It is very beneficial to persons of all skin types. Ethnic skin tones such as Asian, African-American, Italian and other darker skin tones can safely undergo beneficial resurfacing. This peel can be used not only on the face, but on the neck, chest, back, arms, hands, etc. Anywhere you wish to rejuvenate or improve the skin. TCA is the active ingredient in the Obagi® peel which is a 30% solution applied in multiple layers by a doctor.

#### **Important Contraindications of Chemical Peels**

Your client should not have a chemical peel if they will continue to have excessive sun exposure.

Active Herpes Simplex (have a doctor prescribe Zovirax for them), Warts, history of Keloidal scarring, any type of recent facial surgical procedures.

They should not have a chemical peel if you've used Accutane in the last year (it will increase the chances of scarring), or if they are pregnant or lactating.

If they have any auto immune diseases, have had any recent radioactive or Chemotherapy treatments - have sunburn, windburn or broken skin or have recently waxed or have recently used a depilatory such as Nair or use Vaniqua.

Preparing for the Chemical peel is important. For the best results, the patient should follow a skin care regimen for at least 2 weeks which may include the use of AHAs, Retin A, Kojic Acid, Alpha Arbutin, etc. to prepare your skin's surface, and even out the skin tone itself.

#### After the peel

- 1-2 layers of TCA, The client will have the feeling of sunburn, and it may also feel tight. Ask her or him to not scrub the skin. A gentle cleanser has to be used, the skin has to be patted dry and moisturizing ointment has to be applied.

#### USAGE

The 15% or 25% TCA should be applied no more than:

- 1-2 Layers = 1x every 6-8 weeks (depending on concentration).

Always perform a patch test 24 hour prior to application to test for sensitivity.

## **Step by Step Instructions**

- READ entire front page for precautions and warnings!
- Cleanse the skin with a deep cleanser like the Green Tea Cleanser.
- Apply Isopropyl Alcohol to degrease the skin.
- Wet ½ of a 2" cotton pad (approximately 20 drops) with the TCA solution. \*(This is a guideline. You want the pad to be wet, but not dripping). Hold the dry ½ with your fingers to apply the peel with.
- Gently apply to the skin using a horizontal motion. Do not rub into the skin.
- After the solution becomes dryer, you may now apply one more layer of TCA for a deeper peel and saturate the skin. Apply solution, wait 3-5 minutes for the skin to dry (frosting may be apparent), apply next layer – no more than 2 layers!
- Apply cool water on the skin to soothe it after 3-5 minutes if the client is uncomfortable. TCA cannot be neutralized manually. It will stop on its own once it has completed the layer (within 4-8 minutes). Let skin dry and apply powder mineral foundation.
- Apply min SPF 30 while using this product. And for several months after!

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